Principal Message

As most of you are aware our School Principal Ms Pam Murphy has been Relieving Principal at Warialda Public School since Term 1 2013. Ms Murphy has recently contacted the school to indicate that she’ll be returning as Principal of Red Range Public School at the beginning of Term 1 2015. Ms Murphy has expressed her eagerness to return to our school and is looking forward to reuniting with our existing students and meeting our new students and their families.

As the Relieving Principal for the past 2 years I’d personally like to thank everyone for the wonderful support I’ve received during this time. It has been an honour and privilege working with such dedicated staff, friendly and supportive school community and most of all the wonderful students of our school.

Over the last couple of years we have had significant increase in enrolments as well as overall student opportunity, participation and achievement.

I look forward in continuing on as a teacher at Red Range Public School.

Kind Regards

Shanelle Gunther
Relieving Principal
INFANTS NEWS

Our class has continued to focus on writing expositions this week. We have explored the topic ‘Should kids have to eat their vegetables?’ The students have chosen a side and have come up with some great arguments in their drafts. Play rehearsals are happening twice a week now. I am very pleased with the students efforts to learn their lines. Any donations of costumes or props would be greatly appreciated. Just a reminder that home readers are due in on TUESDAYS and THURSDAYS. Homework is due on FRIDAYS. Our Library day is also FRIDAY so children will need to return their books in order to borrow new ones.

PRIMARY NEWS

Our class has enjoyed researching and writing Information Reports on some of our favourite Australian Animals. We have participated in lots of class discussions where we have shared information that we know and we have all enjoyed learning new interesting facts about our Australian Animals. In Maths we have been working on Fractions and Decimals. Students have been engaged in a variety of group, interactive smart board and individual activities. In Music over the next few weeks our class will be learning a popular Top 20 song that we will be performing at our end of year Presentation Day. Just a reminder that Home Readers go home daily and Homework is due on Friday’s. Our Library Day is WEDNESDAY.

Day For Daniel

Today we recognised “Day for Daniel’ 2014 in support of the “Daniel Morcombe Foundation”. The Day for Daniel is a National Day of Action to raise awareness of child safety, protection and harm prevention. The main aim is to improve students’ knowledge, skills, understanding and awareness about personal safety through three core messages: Recognise, React and Report. The objectives of Day for Daniel are:

- To raise awareness about child safety and protection and to promote a safer community for children.
- To educate children regarding their personal safety and empower them to ‘Recognise, React and Report’.
- To honour the memory of Daniel Morcombe.

Fiona McCormack, the Police Liaison Officer, visited the school today to reinforce the safety message. It is important that the key safety messages Recognise, React and Report are reinforced, both at school and home. Please, wherever possible, talk with your child about safety to help them stay safe now and in the future.
**AWARDS**

**Week 2**

Super Spellers
Shania Pevy
Elizabeth Reynolds
Dorothy Coulter
Marika Patterson
Dominic Holt
Shaquilla Connor
Chelsea Darlington
Haylie Reynolds
Chloe Johnson
Lilly Cruickshank

**Class Awards**
Marika Patterson - Super Australia Flag drawing
Declan Andrews - Super Australia Flag drawing
Chloe Johnson - Improved effort in reading
Haylie Reynolds - Great work in maths using position
Shaquilla Connor - Excellent effort in class
Haylie Reynolds - Lovely neat writing
Zara Beale - Great effort in our new HSIE unit

**Sports Awards**
Alex Loeb - Great catching skills

**Week 3**

Super Spellers
Lizzie Reynolds
Jaydan Taylor
Sarah-Jane Casson
Lilly Cruickshank
Shayla Pevy
Shaquilla Connor
Chelsea Darlington
Marika Patterson
Dominic Holt
Nathan Philip
Maleika Speedy
Dorothy Coulter
Taneekwa Patterson
Jaimie Loeb
Maylie Reynolds
Ava Smedley
Chloe Johnson

**Class Awards**
Sarah-Jane Casson—Improved reading and comprehension.
Emily Cruickshank—Putting in extra effort in all activities.
Jaydan Taylor—Excellent participation in sport.
Justin Roberts—Listening well and following instructions.
Amy Beale—Working well with others and doing her best.
Lilly Cruickshank—Working well and trying her best.
Shaquilla Connor—Beautiful effort in writing.
Brodie Taylor—Outstanding effort in class.
Lilly Cruickshank—Super effort in class.
Maleika Speedy—Super effort in class.
THOUGHT FOR THE DAY.

Education is the most powerful weapon which you can use to change the world.
Nelson Mandela

DEC NEWS

Managing your child's weight
It's all about family when it comes to influencing children's waistlines and no number of wonder diets can beat some simple changes at home.

Choosing the right school shoes
Can those school shoes last...one...more...term.....? And are the expensive ones REALLY better for your child’s feet?

Creative reading
If your child is full of great ideas, share these 22 slides to help them tell their stories. Pixar's 22 rules for great creative writing are brilliant! http://bit.ly/1fyxNK3
31 October 2014

Dear Parents and Caregivers,

I am so pleased to be returning to Red Range Public School in 2015. I have taken this opportunity to let those families, who I have not met, know a little about myself.

I accepted a short term Principals position at Warialda Public School in the middle of Term 1, 2013. I left, knowing the school was in the very skilled, professional hands of Miss Gunther and our great staff. Unfortunately, my tenure at Warialda Public School was much longer than expected.

I have had the privilege of being classroom teacher, the Teaching Principal of 4 schools, the Relieving Principal of 3 schools and the Quality Teaching Consultant for the New England Region. I believe the position of Principal is pivotal in improving student outcomes. It is the role of the Principal to lead and manage rigorous whole school teaching and learning programs and ensure that each stage and class is providing full curriculum implementation to meet the needs of all students.

I offer a huge thank you to the very dedicated staff at Red Range School, ably led by Miss Gunther, for all their fabulous work in my absence.

I invite you to contact me if I may be of any assistance to you with regard to your child/ren.

Looking forward to 2015 and beyond.

Mrs Pam Murphy
**Good for Kids** good for life

**Lunchbox snack foods**

Children need to eat a range of different foods to provide nutrients to meet their growth and energy needs. Young children also have smaller stomachs than adults so they need to eat every few hours to keep up their energy levels.

Snacks based on fruits and vegetables, reduced fat dairy products and wholegrains are the best choices.

<table>
<thead>
<tr>
<th>Everyday</th>
<th>Sometimes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit loaf/raisin toast</td>
<td>Muesli bars or dried fruit bars</td>
</tr>
<tr>
<td>Plain popcorn</td>
<td>Fruit straps/sticks</td>
</tr>
<tr>
<td>Plain or fruit yoghurt</td>
<td>Potato crisps and corn chips</td>
</tr>
<tr>
<td>Cheese and crackers</td>
<td>Lollies and confectionary</td>
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<tr>
<td>Fresh fruit or canned fruit in natural fruit juice</td>
<td>Dairy desserts</td>
</tr>
<tr>
<td>Dried fruit and cheese cubes</td>
<td>Chocolate</td>
</tr>
<tr>
<td>Wholemeal biscuits or crackers</td>
<td>Cordial</td>
</tr>
<tr>
<td>Vegetable sticks and dip or salsa</td>
<td>Soft drinks</td>
</tr>
<tr>
<td>Corn or rice cakes with or without spreads</td>
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</tr>
<tr>
<td>Bite sized vegetables e.g. cherry tomatoes, cucumber etc.</td>
<td></td>
</tr>
</tbody>
</table>

Reference:

Adapted from South Eastern Sydney Illawarra Health school newsletters distributed to schools as part of the Live Life Well @ School program.