**Coffs Coast Beach School Excursion**

All the children are getting excited as we will be leaving on Wednesday morning for our major excursion to Coffs Harbour. Accommodation will be at the Coffs Coast Adventure Centre, 226 Bonville Road, BONVILLE NSW 2450. The phone number for the centre is 02 6653 5311.

The bus will leave from Peter and Pauls Supermarket, Cnr of Church Street and Oliver Street at **7.00am** sharp. Please don’t be late as this will make us late for our scheduled stop at the Big Banana.

Children are to wear comfortable casual clothes to travel in and will need to bring their own morning tea, lunch and a drink in disposable packaging. They should pack the following:-

* Sleeping Bag or sheets and blanket and a pillow
* Pyjamas
* 2 towels (Beach & bath)
* 2 sets of comfortable casual clothing (no singlet tops or thongs)
* 1 set of school uniform (navy trousers or skort, red shirt and hat)
* Swimmers and sunsafe shirt or t-shirt
* 2 pairs enclosed shoes eg joggers
* Toiletries (soap, shampoo, toothbrush, toothpaste)
* Sunscreen and hat
* Water Bottle

Children may have the opportunity to purchase souvenirs from either the Big Banana or Dolphin Marine Magic. We would suggest that $20 per child (max $50) would be sufficient. This will be collected by staff for safe keeping and handed back to the children as required.

We will be leaving Coffs Harbour at approx. 1.00pm on Friday 8th August 2014 and should arrive back at Peter and Pauls in Glen Innes at approx. 5.00pm. If it looks like we are going to be any later parents will receive a message from Miss Gunther or can check our Facebook page for updates.

Should parents need to contact us while we are in Coffs Harbour you may either phone the Centre on 02 6653 5311 or Miss Gunther on 0428 618 095.
The Education Week Awards Ceremony was held last Thursday 31st July 2014. It was great to see so many parents and friends attend the ceremony. The award recipients for 2014 were

Amy Beale
Brigitte Burridge
Maureen Halloran
Barbara Baker

We would like to thank Amy, Brigitte, Maureen and Barbara for their achievements and continued support of our school.

Congratulations to Marika, Nathan and Amy for their great work on achieving their ‘Pen Licence’

P & C Volunteers needed

Helpers are needed in the Canteen on Monday and Friday mornings. If you are able to help please contact the school on 67342257.
AWARDS
Week 2

Class Awards
Liam Byrne—An excellent ‘Snowman at night’ artwork.
Thomas Ramsay—An excellent first week at school.
Chelsea Darlington—Trying hard at all activities.
Chloe Johnson—Being a helpful classmate.

Mathletics Awards
Chelsea Darlington
Jaimie Loeb
Sarah-Jane Casson

Sports Awards
Lizzie Reynolds—A great effort in the running races.

DOJO Winners
Emily Cruickshank
Sarah-Jane Casson
Chelsea Darlington

Super Spellers
Lizzy Reynolds
Dainaihya Speedy
Chelsea Darlington
Ava Smedley
Haylie Reynolds
Marika Patterson
Jaimie Loeb

AWARDS
Week 3

Class Awards
Shayla Pevy—Being a friendly classmate.
Jordanne Nanson—Great effort in Mathletics
Shania Pevy—Settling into our routine well.
Iszac Speedy—Excellent effort in drama.

Mathletics Awards
Chelsea Darlington
Jaimie Loeb
Sarah-Jane Casson

Sports Awards
Haylie Reynolds—Excellent dancing.

Super Spellers
Alex Loeb
Shayla Pevy
Ava Smedley
Chloe Johnson
Haylie Reynolds
Taneekwa Patterson
Jaimie Loeb
"GREEN THUMBS"

With only a few weeks until spring the children are eager to see the winter vegie patch (spinach, cabbage, beetroot & spring onions) finish growing. We will taste our fresh produce in some of our own exciting recipes. We have also started on our spring vegie patch with manure and compost being prepared to be added to our other garden. Exciting times ahead as we prepare for the planting of our spring/summer seedlings.

Our Shop Window Display

Next time you’re down the street have a look at our ‘Shop Window’ featuring some of the great artwork completed by the children this term. The display is changed regularly so keep an eye on it.

THOUGHT FOR THE DAY.
Nothing will ever be attempted if all possible objections must be first overcome.
Dr Samuel Johnson

DEC NEWS

Keeping your kids healthy

- Get your child to help pack their lunch box so they are more likely to eat what’s in it.
- Try to include protein in your child’s lunch box to keep them full and energetic.
- Exercise is vital in helping manage weight, keeping muscles strong, helping their hearts and lungs develop, and improving their hand-eye coordination.
- Wash your hands regularly to avoid germs.
- Cough into your elbow, not your hands.
- The healthiest drink options for kids are water and milk.
- Look after your child’s emotional health too – try not to overschedule them, having some ‘down time’ is important too.

We have a new Facebook page. This will be used to share information with parents and the community. Please do not use this page to contact us. All important information will continue to be sent home as normal.